

Cecilia Breinbauer, MD, MPH

890 Sands Lane, Camano Island, WA 98282, U.S.A.

Education

- Doctor of Medicine (MD), University of Chile (1989).
- Child and Adolescence Psychiatrist. Residence at University of Chile (1992).
- Board Certified Child and Adolescent Psychiatrist (CONACEM), Chile (1993)
- Master in Public Health (MPH), Maternal and Child Health, George Washington University (2006). Delta Omega Honorary Society in Public Health.

Professional Experience

Director, Inclusive Child and Adolescent programs, Center for Healthy Development (CHD) (WA, September 2016 – Present)

- CHD is a non-profit, independent technical organization based in the greater Seattle area. Its mission is to energize the healthy and inclusive development of countries, families, and individuals, including children and youth with fragile beginning globally. We seek to create a better world through improving health conditions, preventing poverty due to ill health and ensuring dignified care and inclusion for all, especially the most vulnerable. More about CHD at <https://www.centerforhealthydevelopment.org/>

Director, Comunidades Inclusivas, International center for Health Systems Strengthening (ICHSS) (Washington, June 2014-Present)

- **Comunidades Inclusivas** is a capacity building initiative, collaborating with health professional, educators, parents, and disability advocacy leaders in 10 countries. We offer online and local courses in topics of inclusive parenting and inclusive professional support for children and adolescents who are diagnosed with developmental disabilities and learning difficulties (e.g. Autism, Down Syndrome, ADHD and other neurodevelopmental conditions). More about Comunidades Inclusivas at <http://www.comunidadesinclusivas.org/>

Affiliated C.A. Professor, Department of Global Health, University of Washington (Seattle, September 2014 – Present)

Main activities at the University include:

- Mentoring post doctorate fellows and thesis committee chair for Global MPH students interested in topics of child & adolescent development, disabilities and mental health
- Launched the Global Parent-Child Mental Health online collaboration project, a 2016 UW Global Innovation Fund (GIF) award

Full academic CV available upon request.

Private Practice as Child and Adolescent Psychiatrist (Santiago, Chile, 1994 -Present)

Practice as a board certified child and adolescent psychiatrist in Chile. Evaluate and provide guidance to families with children with developmental conditions, including autism. Collaborate with a variety of foundations, universities, and other institutions to promote societal change towards acceptance and inclusion of children and adults with disabilities.

Senior Fellow, Child and Adolescent Development & Mental Health, The RISE Institute (Washington DC, June 2013 – Present) <http://www.riseinstitute.org>

Work with the director on a variety of projects, including, among others:

- Strategic plan for the Early Child Development (ECD) task force of the Global Partnership on Children with Disabilities (<http://www.gpcwd.org/>)
- Distance education module in child attachment for home visitors in Central/Eastern Europe and Central Asia, through ISSA.
- Autism online course for professional leaders of the country of Georgia.

Executive Director, Interdisciplinary Council on Development and Learning (ICDL) (Bethesda MD, USA. June 2010 – May 2013)

- As Executive Director, I was responsible for the overall management of ICDL including the ICDL Graduate School, ICDL's training of trainer certificate program, ICDL's annual conference and year round webinars. I redesigned the curriculum and training model for ICDL's certificate program. The new, sustainable, training of trainers model is now offered online and onsite, in different communities and languages. I implemented Board's approved Strategy, developed ICDL organizational structure and built collective leadership, making possible for the organization to continue its mission after the passing of the founder (Dr. Stanley Greenspan) through a new generation of well trained professionals.

Executive Director, ICDL Global Graduate School, Ph.D. Infant Mental Health and Development (Bethesda MD, USA. August 2006 – May 2013)

As Executive Director of the Graduate School, I was responsible for the overall School and program launching, management and academic work, leading a group of 25 faculty and 6 support staff, serving more than 80 doctoral students from 7 countries and 15 states in the US. The ICDL Graduate School was a degree granting institution, operating as a division of ICDL, and was acquired by [Fielding Graduate University](#) in 2014, to continue offering the first Global online Ph.D. degree in Infant and Early Childhood Mental Health with a concentration in Developmental Disorders. I had the privilege to work with Dr. Greenspan in developing the interdisciplinary curriculum for this doctoral program.

International Consulting on Child and Adolescent Development, Disabilities, and Mental Health (2005 - Present)

Since 2005, I have provided independent professional consulting services to multilateral organizations, Latin American Governments and national and international foundations including: the Inter-American Development Bank

(IADB) in Central America; the governments of Honduras, Nicaragua and Chile; UNICEF in a number of countries in the Caribbean, and in their Middle East and North Africa region.

Health Technical Advisor, Pan American Health Organization (PAHO) (Washington DC, November 2001-April 2005)

As a technical advisor for the Child and Adolescent Health Unit at PAHO, I coordinated projects in two areas:

- (a) HIV/AIDS and pregnancy prevention programs for adolescents in four Central American countries (November 2001-March 2004).
- (b) Community interventions improving child health and development in 12 countries (March 2004-April 2005);

Through these projects I worked with strategic partnerships, including national government institutions (e.g. Minister of Health), NGOs, other UN agencies (e.g. UNICEF, UNFPA, WHO Geneva), and donors (e.g. SIDA, NORAD, CMMB, American Red Cross). I also contributed to the production of specific technical advice and publications in the field of child and adolescence health.

Key Publications

a) Manuscripts in Refereed Journals

1. De la Barra, Olivares, Guarda, Toledo, León, **Breinbauer**, Orpinas. (1991) Training in Child Psychiatry for Primary Care Physicians: Behavioral Pediatric Workshops. *Newsletter of the Association for Child Psychology and Psychiatry*, 11 (4), 14-19.
2. **Breinbauer C.** (1993) Trastornos del Aprendizaje: Un desafío particular para cada niño. [Learning Disabilities: A Particular Challenge for Each Child]. *Boletín de la Sociedad de Psiquiatría y Neurología de la Infancia y Adolescencia*, 4(1): 20-32. Santiago, Chile.
3. DeGangi G. and **Breinbauer, C.** (1997) The Symptomatology of Infants and Toddlers with Regulatory Disorders. *The Journal of Developmental and Learning Disorders*, 1(1): 183-215. International Universities Press, Inc. Washington, D.C.
4. DeGangi, G.A.; **Breinbauer, C.**; Doussard Roosevelt J.; Porges, S.; Greenspan S.I. (2000) Prediction of Childhood Problems at Three Years in Children Experiencing Disorders of Regulation During Infancy. *Infant Mental Health Journal*, 21(3): 156-175. doi: 10.1002/1097-0355(200007)21:3<156::AID-IMHJ2>3.0.CO;2-D
5. Nelly, David, Perla, **Breinbauer, Cecilia**, Ferreira, Jorge. (2003) Polysomnography in the Spectrum of Acquired Epileptiform Aphasia. *American Journal of Electroneurodiagnostic Technology*, 43(1): 13–17.
6. **Cecilia Breinbauer.** (2006) Fortaleciendo el desarrollo de niños con necesidades especiales: Introducción al modelo DIR y la terapia Floortime o Juego Circular. [Strengthening the development of children with special needs: Introduction to the

- DIR Model and Floortime Intervention]. *Transiciones*. Revista de la Asociación Peruana de Psicoterapia Psicoanalítica de Niños y Adolescentes, 11: 119-134.
7. Bedregal P, Scharager J., **Breinbauer C.**, Solari A, Molina H. (2007) El desarrollo de un modelo para la evaluación de rezagos del desarrollo infantil de Chile. [A Household Survey Questionnaire to Evaluate Infant and Toddler Development in Chile]. *Revista Medica de Chile*, 135 (3): 403-405. doi:10.4067/S0034-98872007000300018
 8. Greenspan, S. I., Brazelton, T. B., Cordero, J., Solomon, R., Bauman, M. L., Robinson, R., Shanker, S., & **Breinbauer, C.** (2008). Guidelines for early identification, screening, and clinical management of children with autism spectrum disorders. *Pediatrics*, 121(4), 828-830.
 9. Mokdad, AH, Forouzanfar, MH, Daoud, F., Mokdad, AA., El Bcheraoui,C., Moradi-Lakeh, M., Kyu, HH., Barber, RM., Wagner, J., Cercy, K., Kravitz, H., Coggeshall, M., Chew,A., O'Rourke,KF., Steiner,C., Tuffaha,M., Charara,R., Abdullah Al-Ghamdi,E., Adi, Y., Afifi,RA., Alahmadi,H.,AlBuhairan,F.,Allen,N.,AlMazroa,M., Al-Nehmi,AA., AlRayess, Z., Arora,M., Azzopardi,P.,Barroso,C.,Basulaiman,M., Bhutta,Z., Bonell,C., **Breinbauer,C.**, Degenhardt,L., Denno,D., Fang,J., Fatusi,A., Feigl,AB., Kakuma,R., Karam,N., Kennedy,E., Khoja,T., Maalouf,F., Obermeyer,CM., Mattoo,A., McGovern,T., Memish,Z., Mensah,G., Patel,V., Petroni,S., Reavley,N., Rios Zertuche,D., Saeedi,M., Santelli,J.,Sawyer,S., Ssewamala,F., Taiwo,K.,Tantawy,M., Viner,R.,Waldfoegel,J., Zuñiga,MP., Naghavi, M., Wang,H., Vos,T., Lopez,AD., Al Rabeeah, AA., Patton,G., Murray, CJL. (2016) Young People's Health from 1990 to 2013: Global Burden of Diseases, Injuries, and Risk Factors. *The Lancet*, 387(10036).

b) Books

1. Foreman M., Lyra P. & **Breinbauer C.** (2003). Understanding and Responding to HIV/AIDS-related Stigma and Discrimination in the Health Sector. Pan American Health Organization, Washington D.C.
2. **Breinbauer C.**, Maddaleno M. (2005). *Youth: Choices and Change. Promoting Healthy Behaviors in Adolescents*. Washington, D.C.: Pan American Health Organization, 2005. ISBN: 92 75 11594 X

c) Book Chapters

1. **C Breinbauer.** (2003). *Trastornos generalizados del desarrollo o trastornos del espectro autista. [Pervasive Developmental Disorders or Autism Spectrum Disorders]*. In Almonte, Montt, and Correa (Eds). *Psicopatología infantil y de la adolescencia [Child and Adolescent Psychopathology]*, (chapter 19, pp. 280-305). Editorial Mediterráneo Ltda., Santiago, Chile.
2. **C Breinbauer.** (2003). *Aporte de los procesos regulatorios a la psicopatología infantil. [Contribution of regulatory processes to infant psychopathology]*. In Almonte, Montt, and Correa (Eds). *Psicopatología infantil y de la adolescencia [Child and Adolescent Psychopathology]*, (chapter 8, pp. 126-129). Editorial Mediterráneo Ltda., Santiago, Chile.

3. **C Breinbauer**, T. Mancil, S. Greenspan (2010). *The Bayley-III Social Emotional Scale*. In Weiss, L.G., Oakland, T., & Aylward, G. (Eds.) *Bayley-III Clinical Use and Interpretation* (chapter 5, pp. 147-174). San Diego: Elsevier. ISBN 9780123741776
4. **C Breinbauer**. (2012). *Aporte de los procesos regulatorios a la psicopatología infantil. [Contribution of regulatory processes to infant psychopathology]*. In Almonte, Montt, and Correa (Eds). *Psicopatología infantil y de la adolescencia [Child and Adolescent Psychopathology]*, (chapter 11, pp. 126-128). Editorial Mediterráneo Ltda., Santiago, Chile.
5. **C Breinbauer**. (2017). *Salud Mental Infantil en América Latina: Avances y deudas pendientes de la salud pública con la primera infancia*. In Navarro, Pérez and Arteaga (Eds.). *Vínculos tempranos. Transformaciones al inicio de la vida*. Ediciones Universidad Alberto Hurtado.

d) Other non-refereed scholarly publications and UN Reports

1. **Breinbauer C.** (2006). Validation of a Child Development Module for the Demographic and Health Survey in Nicaragua. Report prepared for the Inter American Development Bank (IADB) Technical Cooperation Project: *Prevalence of Developmental Delays in Infancy*.
2. **Breinbauer C.** (2006). Estimating cost and effectiveness of Early Child Development (ECD) programs available in Chile, Honduras and Nicaragua: Substantive results and lessons learned. Final Report (in Spanish) for Technical Cooperation ATN/CT-9448-RS, Inter American Development Bank (IADB).
3. **Breinbauer C.** (2006). Xchange: Building a Culture of Non-Violence in Homes, Schools, and Communities in the English-Speaking Caribbean. Evaluation Report Assessment of Phase I. January 2006. Available from UNICEF TACRO Regional Office.
4. **Breinbauer C.** (2008). Measuring Results in Child Development: Experience from four countries. Paper presented at the meeting of the Comparative and International Education Society, New York, NY.
5. Greenspan S., Wieder S., **Breinbauer C.** (2009). First Five years fund Briefing on Early Childhood Education and its Positive Impacts on health Outcomes for Children. Presented on February 12, 2009 at the Rayburn Office Building, U.S. House of Representatives.

Academic and Lecturing Activities

Guest lecturer in multiple international conferences hosted by, among others: UNICEF, World Health Organization (WHO), Inter-American Development Bank (IADB), Population Council, Zero to Three Organization, Canadian Centre of Excellence for Early Childhood Development; Al Noor Institute for the Blind (Qatar), Interdisciplinary Council on Development and Learning (ICDL), Red de Colegios Camino a la Inclusion (Chile), Chilean society of child psychiatry and neurology. Guest lecturer at multiple courses and events hosted by several universities, including among others, University of

Washington, George Washington University, University of Chile, Universidad del Desarrollo (Chile), and Catholic University of Peru.

Dissertation committees (expert external examiner)

1. Nisha Sachdev, Dr.Ph. (2012). *An evaluation of the District of Columbia Summer Youth Employment Program*. George Washington University (GWU), School of Public Health.
2. Shelley Stravitz, Ed.D. (2014). *Parents as Partners. Evaluation study of the Autism, Collaboration, Education and Support (ACES) program*. Fielding University, Education and Leadership program.
3. Julie Sealy, Ph.D. (2015). *Reflective Functioning Capacities of caregivers in Barbados who have a child with a Neurodevelopmental Disorder of Relating and Communicating*. Fielding University, PhD in Infant and Early Childhood Development, with emphasis in Mental Health and Developmental Disorders.
4. Jenene Craig, Ph.D. (2015). *The Neonatal Intensive Care Unit (NICU): Self-Efficacy and the lived experience of parents post-NICU discharge*. Fielding University, PhD in Infant and Early Childhood Development, with emphasis in Mental Health and Developmental Disorders.
5. Cindy Puccio, Ph.D. (2016). *The Emergence of Humor in Playful Interactions with Young Children on the Autism Spectrum: A Multiple Case Study*. Fielding University, PhD in Infant and Early Childhood Development, with emphasis in Mental Health and Developmental Disorders.
6. Crystal Merril, Ph.D. (2017). *Joint hypermobility in children and children's mental health*. Fielding University, PhD in Infant and Early Childhood Development, with emphasis in Mental Health and Developmental Disorders.
7. Julie McIsaac, PhD.(c) (2017). *Value of supporting reflective capacities among a sample of Canadian parents of children with neurodevelopmental disorders*.

Membership in Scientific Societies and Global Advocacy Networks

- American Academy of Child and Adolescent Psychiatry (AACAP)
- International Society for Autism Research (INSAR)
- Delta Omega Honorary Public Health Society
- Chilean Society of Child and Adolescent Psychiatry and Neurology (SOPNIA)
- World Association of Infant Mental Health (WAIMH)
- The Consultative Group on Early Childhood Care and Development (ECCD)
- Partnership for Early Childhood Development & Disability Rights (PECDDR)
- Global Partnership on Children with Disabilities (GPCwd)
- Invited member, Science and Research panel, Best Start for Kids initiative, King County, WA.
- International Society on Early Intervention (ISEI)

Additional Information

- Nationalities: Chile and United States of America
- Languages: Spanish (native), English (fluent), German and Italian (basic conversational)